

ORAL HEALTH POLICY

POLICY STATEMENT

At St. Eval Preschool, we believe that oral health is a key health and wellbeing priority. We aim to support families in registering with a Dental Practice whilst also regularly sending out information regarding good oral health. We aspire to educate the children of the importance of good oral health and hygiene.

We equally recognise the significant negative impact that poor oral health can have including pain, discomfort, infections and potential damage to growing adult teeth. Limited development of speech and language. Low self-esteem and lack of confidence socialising with others. Negative association with visiting the dentist – leading to further issues and possible avoidance of a dentist visit.

Procedures

We highlight the importance of consuming tooth friendly snacks through conversation, learning activities and during snack times. Our children are encouraged to drink fresh water daily and can access this at any time throughout the day. Children are also served fresh water and milk at snack times. We promote regular visits to the dentist to help build their confidence.

We create activities where the children are able to familiarise themselves and distinguish between tooth-friendly and sugary snacks. Both classrooms display age-appropriate, informative and visual guidance, for children to refer to at any time.